

**THE PHS COMMISSIONED OFFICERS  
FOUNDATION INVITES YOU TO OUR:**



# 57th Annual Scientific and Training Symposium

# RETIREMENT SEMINAR

**MONDAY, JUNE 24, 2024 8:00AM - 5:00PM**

- **USPHS Retirement Process | CCHQ | LCDR Adelaida Rosario**
- **DD-214|CCHQ | LCDR Andrew Okolo**
- **Overview of Services | CCHQ Admin Services | Diana Gomes**
- **You and Your Travel | CCHQ | LCDR Andrew Okolo**
- **Survivor Benefit Program and Thrift Savings Plan | Navy Mutual | Heather Walrath**
- **Transitioning Successfully Into Retirement | Prudential Pathways| Frank Mantay**
- **TRICARE into Retirement | Humana Military | Laurie Minckler**
- **VA Disability Claims | American Legion | Art Timmins**
- **Federal Employees Dental and Vision (FEDVIP) | FedPoint | Nathan Sebert**
- **COA Membership in Retirement| RDML Sven Rodenbeck | CAPT Margo Riggs**

**PARTNERS**



**REGISTRATION:**

**<https://www.phscof.org/registration/>**

**Cost is included with Symposium Registration**