CPO Address to the Category: CAPT Shier will provide updates relevant to USPHS Medical Officers. He will share insights and provide key strategies to strengthen the category and sustain current and future efforts.

PPAC Survey results conducted over the last year will be shared exploring aspects of medical officer experiences.

At the end of the session, participants will be able to:
1. Discuss the most common factors that resulted in officers deciding to join the USPHS
2. Present the most common factors that prompted officers to separate before 20 years and before 30 years of service
3. Review suggestions provided by respondents to improve the physician experience in the USPHS Commissioned Corps.

This Session will allow participants to explore the ways in which implicit bias impacts patient outcomes and well-being.

At the end of this session, participants will be able to:
1. Define implicit bias in the U.S. healthcare system and the determinental impact it can have on eliminating health disparities and achieving health equity.
2. Describe the unique healthrelated challenges and barriers of diverse, marginalized populations in the U.S.
3. Identify specific examples of implicit bias in healthcare and public health utilizing real-life scenarios.
Physician Mental Health First Aid Session
5/10/2023 09:40 Lisa Harper, Director of Oklahoma Community Initiatives, DCCCA, Inc.
5/10/2023 11:00

Mental Health First Air is an internationally recognized evidence-based course that teaches individuals how to support adults during a mental health or substance abuse challenge. We will take some valuable tools and techniques from this 8-hour course and pack them into an 80-minute intensive session. This interactive and fast-paced session will focus on building practical skills to support patients and peers in a Mental Health Crisis, discussing challenges when supporting other cultures, and creating a plan to practice self-care at home and when officers are deployed.

At the end of the session attendees will be able to:
1. Identify stigmatizing language and its impact on others when providing medical or emotional support
2. Apply non-judgmental listening techniques when assisting an individual during a mental health or substance use crisis.
3. Illustrate how non-judgmental listening techniques and concepts connect to actively practicing cultural humility.
4. Develop realistic strategies to practice self-care when at home and when deployed utilizing the 8 dimensions of wellness planning tool.

Exhibits Break in Exhibit Hall
5/10/2023 11:00
5/10/2023 13:00

Please join us in the exhibit hall to meet our sponsor and exhibitors. You can view who is attending and where to find them in the Sponsor, Exhibitor, and Map sections of the app.

Physician Physician Lunch Plenary and Awards Ceremony
5/10/2023 13:00 RDMl (ret.) Michael Toedt, MD, FAAFP, CEO, Toedt Health Solutions, LLC
5/10/2023 14:30

Lunch Plenary with Keynote Speaker and Awards Presentations

Physician Physician Roundtable Presentations
5/10/2023 14:30 CDR Grace Marx, MD, MPH, Medical Epidemiologist, Centers for Disease Control and Prevention; LCDR Caroline Schrodt, Medical Officer/Epidemiologist and Emergency Medicine Physician, Centers for Disease Control and Prevention (CDC); LCDR Ugonna Ijeoma, Centers for Disease Control and Prevention (CDC); LCDR Vinita Puri, Hospitalist, Indian Health Service-Phoenix Indian Medical Center; LCDR Scott Blanchet, D.O., Medical Director, U.S. Coast Guard Academy
Speakers will present on a diversity of medical topics and engage in a Q&A discussion with participants.

At the end of the session attendees will be able to:
1. Apply a health equity frame to a variety of clinical and public health topical areas.
2. Identify the most up-to-date clinical and public health practices across key areas of relevance to medical officers.
3. Describe new opportunities for medical officers to utilize public health knowledge and skills to advance the mission of the US Public Health Service.

**Physician Break**
5/10/2023 15:30
5/10/2023 15:45

**Skills Building Session**
5/10/2023 15:45
CAPT Sarah Schillie; LCDR Erin Tromble, MD, CDC; CDR Tina Pattara-Lau, Maternal Child Health Consultant, Indian Health Service; CDR Grace Marx, MD, MPH, Medical Epidemiologist, Centers for Disease Control and Prevention; LCDR Colin Smith, Internist-Psychiatrist, Indian Health Service; LCDR Ugonna Ijeoma, Centers for Disease Control and Prevention (CDC); LCDR Caroline Schrodt, Medical Officer/Epidemiologist and Emergency Medicine Physician, Centers for Disease Control and Prevention (CDC); LCDR Joel Finny, Medical Officer, Washington DC VA Medical Center; LCDR Vinita Puri, Hospitalist, Indian Health Service-Phoenix Indian Medical Center
*Moderator:* CAPT Keren Hilger

Participants will enhance their rapid deployment skills through a training focused on force readiness and resilience.

At the end of the session attendees will be able to:
1. Demonstrate clinical skills utilized during active duty mobilized deployment
2. Appraise the importance of theory and clinical skills competency during deployment situations
3. Conduct Self-evaluation of knowledge and skills based on presenter’s presentation

**Closing Remarks**
5/10/2023 17:15
5/10/2023 17:30