

2022 USPHS Scientific and Training Symposium

Category Day

Wednesday, May 25, 2022

Nurse Agenda

8:00 AM - **Welcome and Opening Remarks**
8:50 AM *RADM Aisha Mix; LCDR Anna Zimmerman; LCDR Abby Bacon*

8:50 AM - **Ice Breaker Activity**
9:00 AM

9:00 AM - **The Future of Nursing Begins with You: Promoting Nurse Health and Well-being.**
10:00 AM *Dr. Renee Gregg*

The future of nursing begins with you: Promoting nurse health and well-being.

At the end of this session participants will be able to:

1. Discuss the need for improving the health and well-being of nurses and the negative effects of stress and burnout on the nurse, patients, and healthcare systems.
2. Explore steps being taken, at the micro and macro levels, to promote nurse self-care and well-being, including those outlined in the Future of Nursing 2020-2030 Report.
3. Perform evidenced-based interventions to improve personal self-care and support self-care development in those we lead in an effort to mitigate burnout, fatigue, and turnover; and prevent the development of physical, behavioral, and mental health problems.

10:00 AM - **Panel #1: Advancement of PHS Nurse Roles**
11:00 AM *CAPT Carol Lincoln, CDR Tina Trombley, LCDR Clarissa Haney, LCDR Josue Sanchez*

Nurses of various backgrounds share with attendees the different nursing roles and experiences within their agency, and how they impact the agency's mission with regard to the public health and safety of their target population, as well as that of our nation and the world.

At the end of this session participants will be able to:

1. Identify different nursing roles, and career advancement opportunities within the agencies represented.
2. Discuss how nurses at various agencies meet the mission of their agency and that of the USPHS Commissioned Corps.
3. Explain the impact of PHS nurses on public health, safety, and health equity on the local, national, and global level.

11:00 AM - **Break in Exhibit Hall**
1:00 PM

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1:00 PM - **Nurse Category Luncheon and Awards Ceremony**
2:30 PM

2:30 PM - **Johnson and Johnson: Elevating, Advocating for and Empowering Nurses as Innovative Leaders Driving Transformative Healthcare Change**
3:00 PM
Lynda Benton

Today our increasingly complex U.S. health system is strained by the greater patient, resource, and systematic demands, further accelerated by the pandemic. Nurses are the largest and most trusted segment of the health workforce but despite the invaluable hands-on patient experience, resourcefulness and an innate innovative mindset, the impact of nurses in improving healthcare is underestimated and their expertise is underutilized. It's time to change that. Johnson & Johnson is proud to further strengthen our 125-year commitment to supporting the nursing profession by elevating, advocating for, and empowering nurses to lead transformative healthcare change, to improve equitable care for all, strengthen health systems, and build a sustainable nursing workforce of the future.

Together with our partners, we are providing innovative, immersive skill-building platforms and experiences; supporting clinical skill and leadership development, providing mental health and resiliency resources, and championing greater diversity and diverse leadership in the nursing workforce. We believe that if we can help support and empower nurses and other frontline health workers to solve for the healthcare challenges they face every day, we will improve healthcare for everyone.

At the end of this session participants will be able to:

1. Provide an overview of Johnson & Johnson's 125-year commitment to advocating for and empowering the nursing profession.
2. Highlight the importance of nurse leadership and innovation in advancing the profession
3. Highlight resources and opportunities offered by J&J to support nurses

3:00 PM - **Break (Opportunity for Networking)**
3:30 PM

3:30 PM - **Skills Stations**
4:30 PM *LCDR Carissa Haney, LCDR Carrie Rigsby, LCDR Sonya Wynn, Mr. Bruce Whitney*

Attendees can choose two of the four skills stations to practice and assess nursing skills: 1. Stop the Bleed, 2. Lower Extremity Assessment/Diabetic Foot Exam, 3. Mental/Behavioral Health Assessment, 4. IV and Infusion Skills.

At the end of this session participants will be able to:

1. Discuss the importance of clinical skill competency during deployment situations.

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2. Verbalize/apply key concepts of select clinical skills used during deployment.
3. Demonstrate minimum proficiency of clinical skills utilized during USPHS mobilized deployment.

4:30 PM - **Panel #2: Evolution of PHS Nurse Roles in Deployments**

5:30 PM *CAPT Wanza Bacon, CAPT Mindy Golatt, CDR Tara Ross, CDR Shauna Mettee
Zarecki*

Nurses share how their individual and collective nursing experiences translated into new and innovative nursing roles; what prepared them, and how their skills and experiences impact the success of the mission, present and future.

At the end of this session participants will be able to:

1. Identify and discuss the different deployment roles and responsibilities that have emerged since the beginning of the Public Health Emergency
2. Review old and new nursing competencies along with logistical considerations that are essential in today's deployment environment as well as the future deployment landscape
3. Discuss the role and status of the Ready Reserve Corps and how this will impact deployments to come.

5:30 PM - **Closing Remarks**

5:45 PM