

USPHS Scientific and Training Symposium

Category Day, Wednesday, June 6, 2018

Therapist Agenda

8:15 AM - 9:00 AM **State of the Union Address**
CAPT Mercedes Benitez-McCrary, CPO

9:00 AM - 10:45 AM **The Therapist Role in the Opioid Epidemic**
Jarod Hall, PT, DPT, OCS, CSCS

There has been a rapid and progressive increase in both the number of prescriptions of opioids as well as opioid addiction and opioid related deaths. The misunderstanding of pain and the subsequent overwhelming growth of the Opioid Epidemic has left the US healthcare system in dire need of change. With the extensive medical knowledge, skills, and volume of time therapists possess, there are few healthcare professionals better positioned to have a positive impact on this downward spiral affecting patients, friends, and family members. Equipping ourselves with a greater understanding of pain and the impact that opioids have on pain and human physiology is imperative for having the greatest impact possible. This course will examine the opioid epidemic, its origins, the experience of pain, and what we can do as therapists to positively impact the downward cycle.

At the end of this session attendees will be able to:

1. Summarize the history and progression of the prescription of opioid pain medication.
2. List the implications and side effects of opioid abuse and over utilization.
3. Discuss the history of pain and how we have gotten to where we are today with our current understanding.

10:45 AM - 11:15 AM **How Are You Preparing for MACRA?**
CDR Michael Rinaldi, DPT, OCS

The American Reinvestment & Recovery Act (ARRA) was enacted on February 17, 2009. One measure, the “Health Information Technology for Economic and Clinical Health (HITECH) Act” supports the concept of electronic health records. While the repercussions of this legislation have been clear to physicians for years, the professionals included in the Therapist Category have been shielded from CMS reporting requirements related to these programs.

In 2019 the professionals in the Therapist Category will be required to submit documentation in support of the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) or face a negative penalty adjustment on all Medicare Part B claims.

This lecture will compare MACRA and its predecessor, Meaningful Use, in order to give attendees a better appreciation of the goal of both of these programs. An overview of the different factors that will directly impact how and what information the clinicians submit will be reviewed.

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Category Day, Wednesday, June 6, 2018

At the end of this session attendees will be able to:

1. Compare and Recognize the differences and similarities between the Meaningful Use and MACRA programs.
2. Describe how best to prepare for MACRA submissions for program year 2019 for their specific site.
3. List the different factors to consider if interested in volunteering for this leadership position in their respective service unit.

11:15 AM - 1:00 PM

Exclusive Exhibit Hall Time

Please use this time to visit our exhibitors. There will also be exhibitor showcases which some categories can receive continuing education for.

1:00 PM - 2:30 PM

Lunch and Awards

2:30 PM - 3:00 PM

Deployment Roles in the Therapist Category

CAPT Tarri Randall, DPT, OCS, WCS, CDR Tami Bonebrake, PT, DPT, OCS, LCDR Peter Arroyo, OTR, OTD, CHT

This session will be a panel discussion on deployment roles in the Therapist Category.

At the end of this session attendees will be able to:

1. List 3-5 requirements to join a NIST team and describe the various roles on NIST teams.
2. Describe how RDF teams are structured and be able to list 3 different roles in which a therapist can be detailed on the team and during deployments.
3. Discuss how to prepare for deployment and be able to identify all necessary items that should be packed in your deployment bag.

3:00 PM - 3:30 PM

Emotional Contagion

CDR Susan Alu, PharmD, BCPS, BC-ADM, CPH, NCPS

Have you ever wondered if there was a mental health equivalent to hand washing? This presentation will be a fun and interactive exploration of scientific research into the transfer of emotion between individuals and the development of emotion within a group.

At the end of this session attendees will be able to:

1. Compare and contrast historical models of disease transmission with mental health etiology.
2. Discuss areas of research related to the transfer or development of emotions within a group.
3. Propose strategies for acting as a vector of mental well-being.

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3:30 PM - 4:30 PM

Why OT? Improving Lives an Occupational Performance Within the BOP, IHS, & DoD
LCDR Narisa Tappitake, MOTR/L, CLC, LT Jennifer Manning, OTR/L, CHT, CDR Christina Eaker OTR/L, MPH, CHT

Occupational therapy practitioners enable people of all ages to live life to its fullest by helping them promote health, and prevent- or live better with- injury, illness, or disability (AOTA, retrieved from <https://www.aota.org/Conference-Events/OTMonth/what-is-OT.aspx>). Occupational therapy is a client centered service and treatments may vary in different settings to support the population served. This presentation will give a brief description of the role of occupational therapy in three distinct settings. The 'Occupational Profile' (AOTA, 2017) will be presented to support use of OT evaluation codes/ CPT codes. Finally, roles of occupational therapists on deployment teams will be shared.

At the end of this session attendees will be able to:

1. Describe Occupational Therapy services at three distinct USPHS settings: Bureau of Prisons, Indian Health Service and Department of Defense/ Evans Army Community Hospital.
2. Describe the 'Occupational Profile', published by American Occupational Therapy Association.
3. Identify roles of occupational therapists on USPHS deployment teams.

4:30 PM - 5:00 PM

Non-traditional Billets in the Therapist Category

CDR Tracy Gualandi, PT, DPT, CWS, GCS, CDR Amy Hesselgesser, MOT, OTR, LCDR Carla Chase, CCC, SLP.D.

The panel will be composed of three officers detailed to non-clinical billets. The intent of panel discussion is to familiarize the audience with the types of non-clinical billets available and the skills necessary to succeed in them.

At the end of this session attendees will be able to:

1. Describe types of non-clinical billets available (panelists' positions and others).
2. Describe necessary skills required for non-clinical billets.
3. Describe the challenges associated with transitioning to non-clinical billets.