

USPHS Scientific and Training Symposium

Category Day, Wednesday, June 6, 2018

Pharmacy Agenda

8:00 AM - 8:30 AM

CPO Update

RADM Pamela Schweitzer

Pharmacy Category updates from the CPO.

8:30 AM - 9:00 AM

Enhancing Pharmacist Engagement in Suicide Assessment

LCDR Teresa Grund

Due to accessibility to care and frequent interactions, pharmacists are ideally situated to play an important role in preventing suicide. However, pharmacists are often not sufficiently knowledgeable or comfortable addressing suicidality or suicide prevention. The presentation is aimed at addressing perceived barriers to routine suicide screening by pharmacist and equipping pharmacists with validated, universally accepted, effective, and easily accessible tools that will aide pharmacists in routinely screening patients for suicide.

At the end of this session attendees will be able to:

1. Identify different available validated suicide screening tools
2. List ways to increase awareness of available validated screening tools
3. Use available validated screening tools

9:00 AM - 9:30 AM

Emotions: They're Contagious!

CDR Susan Alu

Have you ever wondered if there was a mental health equivalent to hand washing? This presentation will be a fun and interactive exploration of scientific research into the transfer of emotion between individuals and the development of emotion within a group.

At the end of this session attendees will be able to:

1. Compare and contrast historical models of disease transmission with mental health etiology.
2. Discuss areas of research related to the transfer or development of emotions within a group.
3. Propose strategies for acting as a vector of mental well-being.

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9:30 AM - 9:45 AM **Networking Break and 2nd Annual Commissioned Corps Awareness Quiz Initiative (C.A.Z.I.)**

CDR Matthew Branczio

This is a "wake you up" mid-morning presentation originally slated for last year. The presentation is aimed to bring awareness to hot topics, our new Surgeon General, Chief Professional Officer, information of the host city, and other relevant information. Additionally, this exercise will promote team work and skill building while providing extrinsic rewards as the high-scoring participants will be presented with gifts.

9:45 AM - 10:15 AM **Novel Interventions for Controlling Global Spread of Infectious Diseases: Old School to 'Star Wars**

CAPT Jim Minor (retired)

This presentation will provide an overview of established, time-tested [non-pharmacological] methods for controlling the transmission of infectious diseases, as well as a review of newer, more novel interventions that are likely to find more widespread applications in the future.

At the end of this session attendees will be able to:

1. Discuss "genetically modified organisms", their advantages, perceived problems and potential risks to human public health.
2. Describe three [existing] medical and agricultural applications of genetically engineered organisms.
3. Recommend selected methods to control transmission of infectious diseases in areas where those diseases are endemic.

10:15 AM - 10:45 AM **Medication Assisted Treatment for Releasing Offenders**

CDR Irene Ahlstrom

Provide overview of the BOP medication assisted treatment field trial for releasing offenders with a history of opiate abuse/misuse. Present the unique challenges of a correctional environment.

At the end of this session attendees will be able to:

1. Summarize Medication Assisted Treatment
2. Discuss Naltrexone Medication
3. Describe the MAT Program

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10:45 AM - 11:15 AM **PHS National Clinical Pharmacy Specialist (NCPS) Certification: Comprehensive Care Clinic Updates**

LCDR William Freiberg

In 2017, the National Clinical Pharmacy Specialist (NCPS) Reformation Project and the National Clinical Pharmacy Specialist Committee (NCPSC) Comprehensive Pharmacy Services Handbook took shape and was disseminated to the field to help aid and expand clinical pharmacy services provided locally throughout the country. Effective August 2017, only pharmacists who currently practice or have expanded to a comprehensive care model will be eligible for NCPS certification and/or re-certification.

At the end of this session attendees will be able to:

1. Summarize the history that created the NCPS Transformation Project
2. Describe the new NCPS certification requirements
3. Discuss the time frame of upcoming implementation changes

11:15 AM - 1:00 PM **Exclusive Exhibit Hall Time**

Please use this time to visit our exhibitors. There will also be exhibitor showcases which some categories can receive continuing education for.

1:00 PM - 2:30 PM **Lunch, Leadership Talk, PAC Meeting and Awards**

RADM Scott Giberson

Join us for an in person PharmPAC meeting and award presentation followed by a leadership talk/update.

2:30 PM - 3:00 PM **Employee Engagement: How to Maximize Your Team's Potential**

CAPT Elizabeth Helm, CDR Kara King

Empowerment and employee engagement are critical components to developing future pharmacy leaders. Engagement coupled with knowledge of quality improvement tools will help your practice and your team's practice improve, become more efficient, and increase productivity. This session will focus on the philosophy of employee engagement and real examples on how to implement including COER metrics, employee satisfaction, and leave management.

At the end of this session attendees will be able to:

1. Discuss philosophy for improving employee engagement
2. Employ specific leadership practices to improve pharmacy efficiency and productivity
3. Utilize quality improvement tools to improve their practice

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3:00 PM - 3:30 PM

Building and implementing a Commissioned Corps Service-oriented leadership framework and training

LT Noah Nevo, LCDR Jessica Kreger

Developing leadership skills and qualities is a continuous lifetime journey. As Commissioned Corps officers we are challenged in mapping our journey by the dispersed environments in which we operate, the breadth and depth of our roles, responsibilities and activities in public health and the organizations, communities and locations we serve. This presentation will discuss a current multi-disciplinary and multi-agency program for leadership development officers may choose to engage in. This presentation will also discuss an opportunity for pharmacy officers to apply leadership development as part of a new pilot program – The Leadership Development Mentoring (LeaDMe) Program.

At the end of this session attendees will be able to:

1. Identify and describe a foundational leadership competency for Commissioned Corps officers in their commitment to the core value of Service.
2. Describe a framework for officer leadership development and collaboration that leverages the diversity, breadth and depth of the Commissioned Corps.
3. Apply this framework to their own leadership development plan and identify opportunities for enhancing their impact on public health and leadership as a Commissioned Corps officer.

3:30 PM - 4:00 PM

Power of Mentoring

CDR Narcisso Soliz, CDR Rebecca Geiger, CAPT Joe Bryant

The presentation will revisit the power of mentoring. We will look at the origins of mentoring from ancient Greece and modern examples of mentors and mentees. Mentorship can be life altering. Without the master, the apprentice may never fully develop. The Padawan never becomes a Jedi and the transfer of leadership and power is lost. Successful succession planning is not possible without mentorship. Effective mentoring that goes beyond casual contact is necessary to spur the mentee to maximize their potential and achieve mastery. The presentation will identify how to overcome mentoring barriers. The mentor and mentee should have a meaningful relationship. When properly utilized, mentoring benefits the mentor, mentee, and organization.

At the end of this session attendees will be able to:

1. Name 4 evidence based counseling theories that are applicable to pharmacy practice
2. Describe the application of evidence based counseling theories to commonly encountered patient counseling scenarios in the pharmacy setting
3. Discuss the integration of evidence based counseling theories into an integrated screening, brief intervention, and referral to treatment model for mental health and substance use disorders.

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4:00 PM - 4:30 PM

Mentorship: Getting Off To a Great Start

LCDR Dakota McMurray, LT Meron Tsigie

Mentorship provides officers with the ability to evaluate their professional goals, target career growth and progression, and build Espirit de Corps. Mentoring is a dynamic two-way process requiring both the mentor and mentee to be equally engaged for maximum impact. This presentation will provide both parties with the necessary resources and tools to get off to a great start.

At the end of this session attendees will be able to:

1. Define the roles of the mentor and mentee
2. List expectations and goals for the mentoring process
3. Evaluate the mentorship process

4:30 PM - 5:00 PM

Interactive Mentoring

Networking and mentoring opportunities within the category and senior category leadership.

5:00 PM - 5:15 PM

CPO Closing Remarks